



CORONATION DOUBLE CENTURY

Coronation Double Century Rules

The **Coronation Double Century** sees just over 3 000 riders, and a similar number of supporters, descend on the normally quiet roads of the southern Cape and requires some policing. Nobody likes to be on the wrong side of the rules, and nobody likes to have to enforce them. The full set of rules of the event is available from the race office. You did agree to them when you entered, so you read them, right? Let's have a look at the main ones:

- **No helmet, no ride.**
- Ride carefully and responsibly.
- **Obey marshals, traffic officers and race organisers.**
- Make sure your number and bike board are visible at all times.
- **Don't cross the white line, and keep as far left as is safe.**
- No triathlon-type bars.
- **No music systems on bikes.**
- **No cellular phone calls while riding.**
- Finish by 16h30, and in under 10 hours.
- **No offensive language or gestures.**
- No offensive clothing or outfits (the organiser's decision is final, red socks just about make it), or offensive wording or images on clothing, helmets or bikes.
- **No littering.**
- No smoking.
- **No getting lifts in motorised vehicles.**
- No motorised bicycles or ebikes.
- **No slipstreaming of anything other than your teammates.**
- Single file on the N2 from the start.
- **No drugs.**
- **No alcohol.**

Communication:

All our communications to entrants are sent via SMS or email, so if you think we have outdated details for you, you can update your details here:

<https://online.entries.co.za/entries/findperson.aspx?eid=3493>

One thing we can't control is the weather: this is the southern Cape, so expect all four seasons. We keep going in bad weather, and only stop the event if it has become unsafe (Your entry fee will not be refunded if this is the case).

Substitutions:

If you are reading this after 31 October, it is too late to change the composition of your team online but you can still make team changes at registration at R200 per change. Please ensure that you have all the details of the rider/riders you are substituting. Please don't try to slip a change in without telling the organisers, as that will lead to the disqualification of the whole team from the 2017 CDC, and possibly future events.

We don't like having to enforce this, but we need to know who we are dealing with in the case of an emergency.

By now you should be aware of how **the team thing** works; start with between six and 12 riders, and your team time is taken on the sixth to cross the finish line. Make sure the whole team has RaceTec chips (nobody will be allowed to start without one), worn on their ankles or vertically on their bike. No chip, no ride, no result. Please do your best to start on time (you must be in your start chute at least 20 minutes early) as the clock will not wait, and we can't adjust times after the event for a delayed start. No rider or team may start earlier than their allotted time.

Towing:

No towing! Hanging on to a jersey, pushing and encouraging in a stern tone is fine, but using a third-party item like a rope will mean an instant DQ, as will giving or receiving physical help from other teams.

Montagu Roubaix:

the famed gravel section (it isn't so bad, watch the video here:

<https://www.youtube.com/watch?v=7NP9uhKilac>)

This features again in 2017, and the same system will be in place: the clock stops just after Montagu and you ride 11km at your leisure to the beginning of the support zone in Ashton. There will be an average speed limit enforced here – riders averaging over 30km/h for this stretch will have to explain the team's 30-minute time penalty to their mates. You have up to an hour to do it in, so box clever and use it for recovery.

Support Vehicles:

Each team is only allowed one registered vehicle (the organisers will supply dedicated vehicle stickers for both, without which your driver won't be able to access the zone) in each of the support zones – more than one, or trying to bring in an unregistered vehicle, will lead to disqualification for the team. Just to make it clear: this is the only place you should get assistance from your backup team. Anywhere else on the route, and it is game over.

Bailing:

If you stop (and can't continue with the race) in either of the support zones, you must climb in with your crew – the sweep vehicles will only pick up stragglers and strugglers outside these zones.

Riding with other teams:

You can slot in with another team if your buddies have dropped you, with their permission, but you may not interfere with their speed. Teams may not join up on the road to form bigger teams.

Overtaking:

Teams must ride single-file until they have safely passed.

Disqualification:

Cyclists who have been DQed on the route must report to the race office when they finish. A DQ can be made during or up to 10 days after the event. Protests must be made, in writing, within 60 minutes of being informed of the DQ, and no later than 16h00 on race day. There are a dozen more DQ regulations and procedures, but they are way too boring (detailed) for this summary; please click on the Race Entry Terms and Conditions at the bottom of the Coronation Double Century website and make sure you know your rights, just in case.